Miss Kendra's list is a teaching tool used in some settings to empower children to understand that they have rights as individuals—including the right to feel happy and safe. It provides an opportunity for dialog with adults and other children about behaviors that support individuals and communities.

Miss Kendra’s List (For Elementary)

No child should be punched or kicked.
No child should be left alone for a long time.
No child should be hungry for a long time.
No child should be bullied or told they are no good.
No child should be touched in their private parts.
No child should be scared by gun violence at home or in school.
No child should have to see other people hurt each other.

BECAUSE

It makes a child not care about school.
It makes a child feel sad or scared or lonely.
It makes a child feel angry and want to fight too much.
It makes a child feel like not trying hard or giving up.
It makes a child worry a lot about their family.

This Is What Miss Kendra Says....
What Do You Say?

For more information go to http://www.traumainformedschools.org/