If you are concerned about your own safety, or the safety of a friend, neighbor or loved one, please call us at 914-995-5972 They may not be able to. ALL calls are confidential.

We will continue to serve the community....Remotely

EMERGENCY 9-1-1

WESTCHESTER COUNTY OFFICE FOR WOMEN (OFW) (9am-5pm, Monday-Friday)

White Plains --- 914-995-5972 (English) 914-995-6581 (Spanish) Yonkers --- 914-231-2882

FAMILY JUSTICE CENTER (FJC) --- For assistance, call 914-995-1880

WESTCHESTER COUNTY DEPARTMENT OF PROBATION --- 914-995-4762 White Plains / 914-231-2900 Yonkers / New Rochelle 914-813-5500

If you are seeking an order of protection, call one of the numbers above before going to court

Call Probation directly at 914-995-4762 to file TOPS and other court matters. Phone installed outside White Plains courthouse for clients to call Probation directly at the 914-995-4762 to file TOPs and other court matters.

WHITE PLAINS FAMILY COURT --- 914-824-5500

DISTRICT ATTORNEY'S OFFICE SPECIAL PROSECUTIONS DIVISION / DV BUREAU --- 914-995-3000 Handling DV, Child Abuse and Elder Abuse and Human Trafficking

NYS OFFICE OF THE ATTORNEY GENERAL --- 800-771-7755 to report Coronavirus swindles or other scams

CHILD CARE COUNCIL --- 914-761-3456 / Toll Free 844-387-7525 (9am–5pm, Monday–Friday) Child Care Specialists extended hours are available on Tuesdays until 7pm Email: childcare@cccwny.org / https://www.childcarewestchester.org/

FAMILY SERVICES OF WESTCHESTER (FSW) - (9am-8pm, Monday - Friday)

Providing mental health and social services to families, children and individuals. Telehealth is currently offering most clinical services, but if someone is in need, in crisis we can offer in person sessions. The best way to schedule is to call the clinic directors listed and arrange a time for counseling.

Yonkers --- Andrew Levine at alevine@fsw.org /914-964-6767 x137 Pelham --- Andrew Levine at alevine@fsw.org / 914-738-1728 x18 Mt. Vernon --- Marlene Furtick at mfurtick@fsw.org/ 914-668-9124 x10 Sleepy Hollow --- Kathy Howard at khoward@fsw.org / 914-631-2022 x16 Hastings --- Sonya Gaffney at Sonia.gaffney@fsw.org / 914-274-8334 x223 Port Chester --- Lupita Deluccia at Ideluccia@fsw.org / 914-305-6837 White Plains --- Lindsay March at Imarch@fsw.org / 914-948-8004 x22

HOPE'S DOOR --- (24/7) 888-438-8700

HUDSON VALLEY JUSTICE CENTER

Immigrant eviction assistance - 914-308-3490 x4 to complete an intake.

LEGAL SERVICES OF THE HUDSON VALLEY ---- Intake 877-574-8529 (8am–6pm, Monday–Thursday / 8am-4pm Fridays)

Mount Vernon --- 914- 813-6811 Peekskill --- 914-402-2192 x193 / 159 White Plains --- 914-949-1305, press 0 for the operator or x100 / 127 Yonkers --- 914-376-3757, press 0 for the operator

Westchester Eviction Prevention HOTLINE --- 914-468-2175 English/Spanish

The LOFT: LGBT Community Services Center --- Helpline 914-948-2932 x13 (9am–5pm, Monday–Friday) www.loftgaycenter.com

MAKE THE ROAD NEW YORK ---- 914-948-8466 x1014 (9am –5pm, Monday–Friday) Legal services including Immigration, Family Law, Employment, Health Advocacy / Coronavirus resources.

MY SISTERS' PLACE ---- Hotline (24/7) --- 800-298-7233 / Intake --- 914-358-0333 x201 - counseling, safety planning, advocacy / Legal Intake --- 914- 358-0333 x201 or 914-683-1333 x108 - family law or immigration

PACE WOMEN'S JUSTICE CENTER (9am–5pm, Monday–Friday) For victim/survivors of intimate partner violence/domestic violence, sexual assault or elder abuse. Family Court Legal Program --- 914-422-4035 Legal Helpline ---- 914-287-0739 / Legal Clinic ----914 – 422-4188 Services are bi-lingual

PUTNAM NORTHERN WESTCHESTER WOMEN'S SHELTER --- Hotline (24/7) 845-628-2166

ROCKLAND SHELTER, CENTER FOR SAFETY AND CHANGE --- Hotline (24/7) 845-634-3344

VICTIMS ASSISTANCE SERVICES OF WESTCOP ---Offers counseling, crime victims' compensation Helpline (24/7) 914-345-9111 / press #2 for Spanish Or TEXT to 914-690-7232

WOMEN'S ENTERPRISE DEVELOPMENT CENTER (WEDC) --- 914-948-6098 / email: Info@wedcbiz.org Small business training, counseling and resources

WESTCHESTER MEDICAL CENTER

Sexual Assault Abuse and Victims Empowerment (SAAVE) Program 24/7 Rape Crisis Hotline 833-220-2444

WESTCHESTER RESIDENTIAL OPPORTUNITIES (WRO) - Offering assistance with utilities, rent or related expenses amid COVID-19---914-428-4507/ housinghelp@wroinc.org English/Spanish

UNITED WAY 2-1-1 / www.uwwp.org

WESTCHESTER COUNTY GOVERNMENT DEPARTMENTS --- www.westchestergov.com

DEPARTMENT OF COMMUNITY MENTAL HEALTH --- 914-995-1900 (8am-8pm, Monday-Friday) Phone regularly checked on off hours and throughout the weekends. People will receive a call back. COVID 19 Text Support Line 914-461-7281

DEPARTMENT OF HEALTH HOTLINE --- 866-588-0195

DEPARTMENT OF PUBLIC SAFETY --- 914-864-7600

DEPARTMENT OF SENIOR PROGRAMS AND SERVICES --- 914-813-6300

DEPARTMENT OF SOCIAL SERVICES (DSS) District Offices (9am-4pm, Monday-Friday) will remain open for emergency walk-in assistance as needed, using appropriate social distancing / https://socialservices.westchestergov.com/dss-district-offices

EMERGENCY HOUSING ---914-995-2099 Emergency assistance --- https://socialservices.westchestergov.com/emergency-assistance

HUMAN RIGHTS COMMISSION --- 914-995-7710

HEALTH & WELL BEING RESOURCE INFORMATION

The Mental Health Empowerment Center/ RISE Center --- extended hours for MHEP Peer Support line and 24/7 online peer support meetings / www.facebook.com/MentalHealthEmpowermentProject/

Online Peer Support Group for individuals living with mental health challenges or social isolation. "Social isolation does not mean you are alone." Anyone and everyone is able to join this online peer support group / Starts March 27 at 6pm.

For Zoom link and password, please call the office at 914-664-3444 or email one of the facilitators, Victor at vclark@mhepinc.org / Hussein at HRazi-Bey@mhepinc.org / John at jlyn@mhepinc.org

Mental Health Association of Westchester --- 914-345-0700 / www.mhawestchester.org Alt2SupGroups – Mondays, 6pm ZOOM ID#825-6224-5652

National Alliance on Mental Illness of Westchester (NAMI Westchester) --- 914-592-5458 Helpline/Office (9am-2pm, Monday-Friday), www.namiwestchester.org

NAMI Westchester advocates, educates and supports people living with a mental health condition and their loved ones. All programs are being held virtually, including: programs for middle and high school students; educational 8-week courses for families; presentations to college students; courses and support groups for peers; mental health presentation programs to businesses and organizations upon request; speaker series for veterans and active service members, and community awareness events in May, which is Mental Health Awareness Month.

NYS Office of Mental Health COVID-19 Emotional Support Line --- 844-863-9314 schedule a free appointment

https://omh.ny.gov/ https://omh.ny.gov/omhweb/guidance/covid-19-managing-stress-anxiety.pdf

Saint Vincent's Crisis Prevention Response/Support --- 914-925-5959

Walk-in evaluations available 24/7 at St. Vincent's Hospital in Harrison

Westchester Disabled On The Move, Inc. (WDOM) --- 914-968-4717 (English/Spanish)

Assist consumers by walking them through the Enrollment process to determine viable healthcare plans available specifically for them. Enroll in free or affordable health insurance; Apply for financial assistance to help pay for coverage; Compare and understand different health insurance options on NY State of Health; Renewing Marketplace coverage

Westchester Independent Living Center --- online gatherings for mutual peer support and discussion for people with disabilities / www.wilc.org/events/

Westchester Jewish Community Services (WJCS) --- grief counselors 914-761-0600 / (9am-5pm, Monday-Friday) WJCS's Trager Lemp Center provides therapy for adults and kids affected by family violence, and continuing to treat patients, using telehealth.

Hartsdale clinic --- 914-949-7699 Peekskill clinic --- 914-737-7338 Mt. Vernon clinic --- 914-668-8938 Yonkers clinic --- 914-423-4433

Follow the prompts, and a member of our TLC staff will get back to the caller / www.WJCS.com

HOUSING INFORMATION

A-Home --- 914-741-0740

Affordable /low income housing for seniors, people with disabilities, adults, single-family parents and children / www.a-homehousing.org

The Bridge Program of Westchester --- 914-949-8146 / https://thebridgefund.org/

Community Housing Innovations --- 914-683-1010 / www.communityhousing.org Human services to homeless and low to moderate-income families and individuals. Services include rental apartments, transitional housing, home ownership education, grants, and foreclosure

Hudson Valley Justice Center --- 914-308-3490 x4 to complete an intake / Immigrant eviction assistance

Legal Services of the Hudson Valley --- Intake 877-574-8529 (8am–6pm, Monday–Thursday / 8am-4pm Fridays) Westchester Eviction Prevention HOTLINE 914-468-2175 English/Spanish

Mount Vernon United Tenants --- 914-699-1114 / www.mvut.org Housing practices on their behalf, including prevention of homelessness and tenant eviction.

Westchester Residential Opportunity Program --- 914-428-4507 /email: info@wroinc.org https://wroinc.org/

Westchester Urban Consortium (through Westchester County Dept. of Planning) --- 914-995-2427 COVID related Housing Stabilization Programs such as eviction/foreclosure prevention programs

OTHER IMPORTANT NUMBERS:

EMPLOYMENT / TRAINING INFORMATION

YWCA of White Plains & Central Westchester - Westchester Women's Mentoring Program - Diane Tukman: dtukman@ywcapcw.org / 914-949-6227 / http://ywcawhiteplains.org

Westchester Putnam One Stop Center --- 914-995-3910 / www.westchesterputnamonestop.com 120 Bloomingdale Road, White Plains, NY 10605 Services: Volunteer Opportunities, Westchester/Putnam Workforce Investment

FOOD DISTRIBUTION/SOUP KITCHENS INFO

FEEDAMERICA.ORG --- search food banks in your area <u>Westchester County Location</u>: 200 Clearbrook Road, Elmsford, NY 10523 Telephone: 914-923-1100 / Fax: 914-923-1198 / https://feedingwestchester.org Mobile food pantry distributions --- https://feedingwestchester.org/find-help/mobile-food-pantry-schedule/

Map to the nearest food pantries /soup kitchens ---

https://wcgis.maps.arcgis.com/apps/webappviewer/index.html?id=9e41a43a66344a2cb80baf6d9baee139

Medicaid Eligibility --- Medicaid eligibility processes during the COVID- 19 Emergency period https://www.health.ny.gov/health_care/medicaid/publications/pub2020gis.htm https://health.ny.gov/health_care/medicaid/publications/docs/gis/20ma04.pdf

National Association of School Psychologists --- Helping Children Cope with Changes resulting from COVID-19 https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resulting-from-covid-19

NY Statewide Child Abuse Registry --- 800-342-3720 / https://ocfs.ny.gov/main/cps/

NYS COVID19 HOTLINE --- 888-364-3065 / 855-626-7662

NYS Domestic Violence HOTLINE --- 800-942-6906

NYS Office of Children and Family Services --- 518-473-4614 / www.ocfs.ny.gov

National Deaf Videophone HOTLINE ---- 9am-5pm M-F 855-812-1001 or deafhelp@thehotline.org

National Suicide Prevention Lifeline --- 800-273-8255

OCFS (New York State Office of Children and Family Services) --- www.ocfs.ny.gov

OPDV (Office for the Prevention of Domestic Violence) 24/7 --- text 844-997-2121 or chat with a professional on the new confidential; the text and online services will be staffed 24/7 with OPDV staff who are experts in the area of domestic violence – www.opdv.ny.gov

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