

# Not just a conference – it's a skill-building experience for all.



REMINDER

**Disconnect 2 Reconnect**

## THE TRANSFORMATIVE POWER OF PLAY: Combating Depression, Anxiety and Isolation in the Digital Age

April 27, 2026 | 8:00 AM – 4:00 PM

Windrose on the Hudson Ossining, NY

[The D2R Conference](#) is a dynamic, one-day event designed for professionals, nonprofit organizations, and community members of all ages – bringing together educators, librarians, caregivers, and partners to explore how play can strengthen connection, support mental wellness, and create meaningful alternatives to screen time across the lifespan.

## Why Attend?

### For Professionals:

- Engage with practical, ready-to-use program ideas for your clients
- Learn new strategies to engage families and support community wellness
- Connect with cross-sector partners and expand your network

### For Parents & Caregivers:

- Discover simple, realistic ways to reduce screen time and increase connection
- Learn how play supports your child's development and emotional well-being
- Walk away with easy activities and ideas you can start right away



## Keynote Speaker

Mia Sundstrom, CEO of the  
National Institute for Play



## Special Guest

Benjamin Perks, Head of Advocacy  
Child Development & Protection  
UNICEF New York

## Tickets & Sponsorship Opportunities



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